



FOCUS & IGNITE

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&

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2019

STRESSORS & CHALLENGES AROUND TIME MANAGEMENT

Share

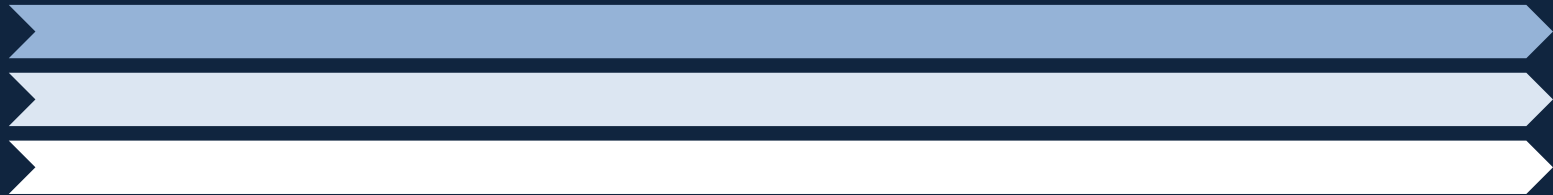
Examples

Brainstorm



BEST PRACTICES

- For Entrepreneurs & Business Owners
- Executives & Leaders
- Consultant & Coaches
- Managers & Directors
- Doctors
- Parents, Significant Others & Friends, etc.



WHY DIDN'T IT WORK?

If it worked, why didn't you keep it up?



**IMAGINE WHAT YOUR DAY & LIFE BE LIKE
EFFORTLESS, EASY, ON TRACK, RELAXED, PEACEFUL...**

WHEN YOU THINK ABOUT WHAT'S ON YOUR PLATE...

what are your top priorities, that come to mind?

- *Share*
- *Example*
- *Think about your day, week, month, etc.*

ARE YOU INCLUDING YOURSELF AS A TOP PRIORITY?



What are you noticing now?

Women?
Men?

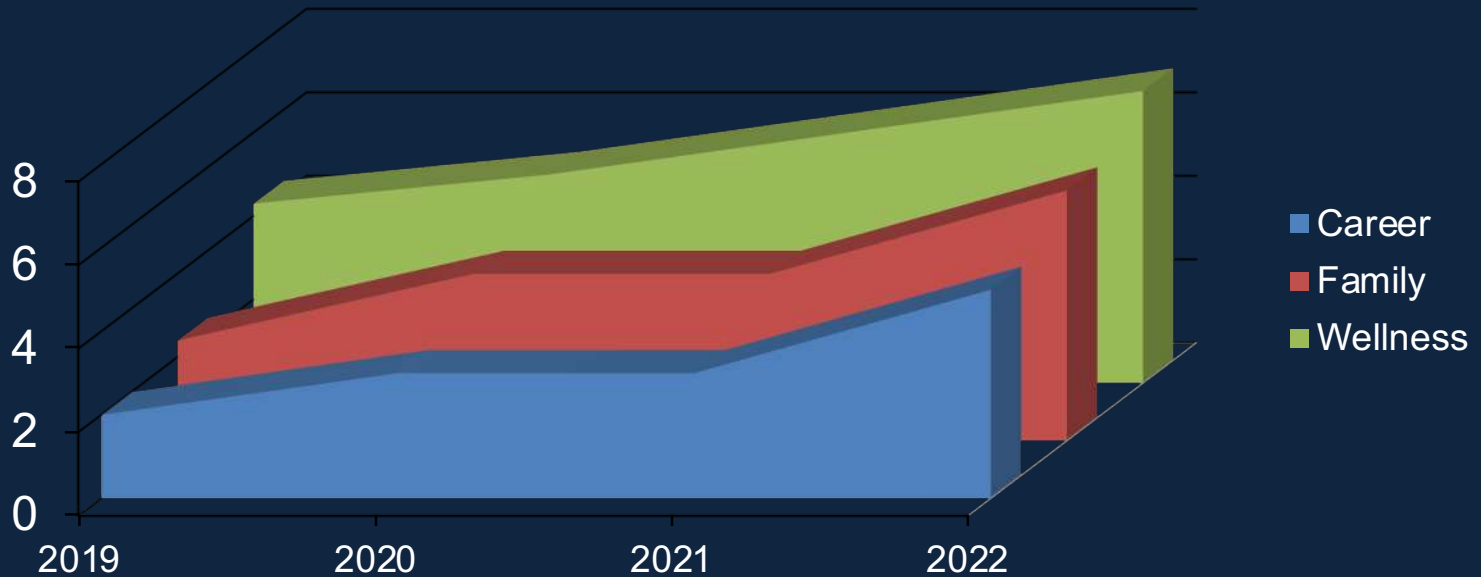


**HOW LONG HAS THIS BEEN AN
ISSUE FOR YOU?**

Since...

WHAT DO YOU THINK IT'S GOING TO TAKE TO SHIFT?

For example, just like...you used to...



SLOW YOUR DAY, INCREASE YOUR IMPACT!

Eventbrite

Las Vegas

Friday, September 27

9 am-4:30 pm

Special Lunch

Free Evening Festival

QUESTIONS?



Register for Live Event or Streaming